

Personal Emergency Plan

Prepare Now, Learn How...

The most essential step in preparing for an emergency is to build a personal plan designed specifically to fit the needs of you and your family. The following steps help to personalize a plan that will help your family to successfully overcome an emergency situation:

Create an emergency communications plan

- Choose an individual whom your family should contact if an emergency occurs. Choose someone who lives far enough away that the individual is unlikely to be directly affected by the same event. Be sure to tell that person that he or she is your designated contact.
- List your designated contact's telephone numbers and e-mail addresses for everyone in the family or household. Ensure every family member has a copy of the list including your children's schools and your workplace.

Establish a meeting place

- Decide on a designated meeting place for family members should an emergency occur. This will likely reduce confusion and ensure all family members are together during a difficult time.

Collect an emergency supplies kit

- If your family must evacuate your home or seal yourself inside for a period of time, it is necessary that you and your family have some essential supplies to make the time more comfortable.
- Prepare your **72 Hour Kit** in a simple storage container and store it in an easily accessible location. Aim to have supplies that will keep you and your family self-sufficient for at least three days.

72 Hour Survival Kit

Emergencies and disasters can happen at any time. Utilities can be out, roads closed and crucial supplies unavailable. While local, provincial and federal officials prepare for emergencies, individuals can plan to be prepared at home and at work. Think of any special needs your family might have and include any other items you would need to this list:

- Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries
- First-aid kit
- Candles and matches/lighter
- Extra car keys and cash (debit machine don't work when hydro is out)
- Important papers (identification)
- Food and bottled water
- Clothing and footwear

- Blankets or sleeping bags
- Toilet paper and other personal items
- Medication
- Backpack/duffel bag to contain emergency survival kit items
- Whistle (to attract attention, if needed)
- Playing cards, games
- Other:_____

Prepare a kit for your dog or cat too!

Learn about your community emergency plans, arrangements and authorities

- Find out where emergency shelters are located and whether there are designated emergency routes. Identify the closest emergency services offices and record the telephone numbers and post near the telephone.
- Emergency Evacuation and Temporary Shelters within the Municipality of Northern Bruce Peninsula are:

St. Edmunds Community Centre – 7420 Highway #6, Tobermory;

Fire Station #10 – 7 Nicholas Street, Tobermory;

Lion's Head & District Community Centre – 4 Tackabury Street, Lion's Head;

Fire Station #20 – 90 Main Street, Lion's Head

For more information, visit www.emergencymanagementontario.ca or Cathy Addison, Community Emergency Management Coordinator 519-793-3522 x 236 or cathya.nbp@amtelecom.net